NORTH YORKSHIRE COUNTY COUNCIL

SCRUTINY OF HEALTH COMMITTEE

17 June 2011

<u>Provision of a Community Based Orthopaedics/Musculoskeletal Service for the</u> <u>Selby and York Locality</u>

Purpose of Report

1. This report seeks the Committee's views on forthcoming changes to Orthopaedic provision in the Selby and York locality.

Introduction

- 2. A briefing paper on this development is attached as APPENDIX 1.
- 3. Andrew Bucklee, Senior Commissioning Manager (York/Selby Locality), NHS North Yorkshire and York and Melanie Liley, Directorate Manager for Therapy Services, Trauma & Orthopaedics, York Teaching Hospital Foundation Trust will be attending the meeting to provide additional information and to respond to Members' questions.

Recommendation

4. That Members support the introduction of a community based Orthopaedic/Musculoskeletal service in the York and Selby area.

Bryon Hunter Scrutiny Team Leader

County Hall Northallerton 03 June 2011

Background Documents: None

North Yorkshire Overview & Scrutiny Committee meeting on June 17th, 2011.

<u>Provision of a community based Orthopaedics/Musculoskeletal Service for the Selby and York Locality</u>

This report is to provide members of the North Yorkshire County Council Overview and Scrutiny Committee with details of forthcoming changes to orthopaedic provision in the Selby and York locality.

There are in excess of 200 musculoskeletal conditions affecting millions of people, including all forms of arthritis, pain and osteoporosis. It is estimated that up to 30% of all GP consultations are about complaints such as:

- Osteoarthritis
- Rheumatoid Arthritis
- Osteoporosis
- Fibromyalgia
- Neck pain
- Ligament injuries
- Chronic pain management
- Sprains and strains

For Selby and York registered patients the above were addressed by orthopaedics, musculoskeletal, physiotherapy, podiatry and orthotic service provision by a number of providers.

In 2010 commissioners decided to offer a contract to deliver a single Orthopaedic/MSK service in the community for the locality covering York and Selby. It was agreed that this service would cover triage. clinical assessment, and treatment via a single point of referral for GPs and patients themselves. The overall aims of the service being to:

- ✓ Ensure patients are offered the most appropriate treatment or management in the shortest possible time.
- ✓ Ensure patients are seen and treated as close to home as possible and in an environment most appropriate to their needs.
- ✓ Improve access to specialised services.
- ✓ Limit the physical and associated disabilities that are caused by orthopaedic/musculoskeletal conditions.
- ✓ Support General Practice by making available a new and effective pathway for patients with orthopaedic/musculoskeletal conditions

- ✓ Reduce pressure on secondary care services and enable waiting time targets to be met.
- ✓ Referral to diagnostics
- ✓ Referral back to GPs with advice re treatment in general practice
- ✓ Referral to secondary care services (subject to choice)

Following an extensive tendering process the contract to provide this service was awarded to York Teaching Hospital NHS Foundation Trust and it is expected that it will commence in September 2011. The model of delivery, shown in Fig.1, will be available to approximately 320,000 registered patients.

The model of delivery illustrates how the needs of all patients with musculoskeletal symptoms will be met. The service will build on York Hospital's existing services and reputation for high quality clinical care. It will also embrace a drive to see innovation in healthcare delivery, whilst maintaining robust clinical governance and risk management strategies.

The key features of the service will be:

- ✓ Single point of entry
- ✓ Fast access
- ✓ High quality
- ✓ Improved patient experience and outcomes
- √ 'One-stop shop' clinics
- ✓ Direct surgical listing
- ✓ Reduced referrals to secondary care
- ✓ Value for money

It will be ensured that patients are seen rapidly in an appropriate community environment close to their home. They will be assessed and managed by highly qualified staff who will be able to undertake and arrange all aspects of the patient's care. The service will include access to specialist Extended Scope Physiotherapist (ESP) led clinical assessment, triage and treatment (CATT) clinics for:

- ✓ musculoskeletal and general orthopaedic conditions
- ✓ community MSK physiotherapy
- ✓ MSK podiatry
- ✓ MSK orthotics
- ✓ psychosocial interventions for pain.

The community based approach will deliver a high quality service that meets the needs of the local health community and will focus on early intervention and the prevention of long term problems.

The MSK CATT service will work in close partnership with all stakeholders to ensure that developments meet the needs of the patients. Only patients who require specialist consultant opinion / intervention will be referred through to secondary care services.

Patient experience and outcomes will be a core value of the commissioners and York Hospital. Patients and their carers/families will be fully engaged in service review and service planning for future development. Patient satisfaction / experience questionnaires and focus groups will be administered on a regular basis. Service review questionnaires will also be administered to patients and referrers to support the ongoing service evaluation and development.

The MSK CATT service will have clinical leadership from a senior orthopaedic surgeon and managerial leadership from Melanie Liley, Directorate Manager for Therapy Services, Trauma & Orthoapedics.

The MSK CATT service will be delivered locally to a local population by a local provider. The service will have a culture of constantly striving to provide the best quality, evidence based service to patients with MSK symptoms in the Selby and York locality.

Fig 1.

